TRACEN Petaluma Haley Hall Dining Facility

BREAKFAST	Calories	LUNCH	Calories	DINNER	Calor
FRESH FRUIT	VARIES	HOLIDAY	Calones	CHICKEN MILANESE	280
CREAM OF WHEAT	110	GRILLED TRI TIP STEAK	375	MARINARA SAUCE	168
ASST. TOPPINGS	VARIES	ROASTED GARLIC CHICKEN	120	PENNE PASTA	21
EGGS & OMELETS TO ORDER	VARIES	CASSOULET BEANS	92	PESTO GNOCCHI	19
BOILED EGGS	78	HERB ROASTED PEBBLE POTATOES	75 60	ROASTED VEGETABLES RAINBOW SWISS CHARD	9:
CHICKEN SAUSAGE LINKS PORK SAUSAGE LINKS	180 180	ROASTED CITRUS CAULIFLOWER SAUTEED BRUSSEL SPROUTS	90	GARLIC BREAD	11
BREAKFAST LATKES	151	HOT DINNER ROLLS	84	OAREIO BREAD	"
WAFFLES W/ BUTTER & SYRUP	210				
SPINACH QUICHE	180				
FRESH FRUIT	VARIES	POZOLE VERDE	185	GARLIC BUTTER STEAK BITES	36
OATMEAL	158	CHICKEN FAJITAS	380	CHIMICHURRI RICE	38
ASST. TOPPINGS EGGS & OMELETS TO ORDER	VARIES VARIES	CARNITAS REFRIED BEANS	280 165	CANDIED SWEET POTATOES BRAISED CARROTS	16
BOILED EGGS	78	SPANISH RICE	195	MONACO BLEND VEGETABLES	15
BACON / PORK SAUSAGE PATTIES	92/180	ESQUITES	140	CHEDDAR & CHIVE DROP BISCUITS	13
HASH BROWNS	180	VEGETABLE PISTO	40		
FRENCH TOAST W/ BUTTER & SYRUP	151	TOPPINGS BAR	VARIES		
BISCUITS & SAUSAGE GRAVY	210				
FRESH FRUIT	VARIES	MINESTRONE	380	GRILLED CHICKEN BREAST	20
HOT GRITS	142	CHICKEN DELMONICO	525	CREAMY CAJUN SAUCE	22
ASST. TOPPINGS	VARIES	HALIBUT PUTTANESCA	210	WHITE RICE	18
EGGS & OMELETS TO ORDER	VARIES	PASTA W/ MARINARA SAUCE	169	SPICY RED BEANS	29
BOILED EGGS GRILLED SPAM / CORNED BEEF HASH	78 180	RISOTTO RUSTICA ASPARAGUS W/ CHARRED CHERRY TOMATOES	350 62	FRIED OKRA Roasted Cauliflower	9
HOME FRIES	110	PATTY PAN SQUASH	150	FRENCH BREAD	8
BLUEBERRY PANCAKES	210	FOCACCIA BREAD	95	- 	1
BUTTER & SYRUP	133				1
FRESH FRUIT	VARIES	KABOCHA SQUASH BISQUE	210	BBQ BEEF BRISKET	60
CREAM OF WHEAT ASST. TOPPINGS	110 VARIES	HULI HULI CHICKEN PORK ADOBO	280 250	POLENTA W/ WILD MUSHROOMS BAKED POTATOES	10
EGGS & OMELETS TO ORDER	VARIES	GARLIC FRIED RICE	95	SAUTEED GARLIC GREEN BEANS	6
BOILED EGGS	78	PANCIT BIHON	99	CORN ON THE COB	8
BACON / SPICY SAUSAGE LINKS	92/180	GRILLED BABY BOK CHOY	47	HOT DINNER ROLLS	4:
GOLDEN HASH BROWN PATTIES	180	SAUTEED ZUCCHINI	90		
BUTTERMILK PANCAKES BREAKFAST SANDWICHES	151 210	VEGETABLE LUMPIA W/ SAUCE	VARIES		
BUTTER & SYRUP	133				
DOTTEN GOTTO	100				
FRESH FRUIT OATMEAL	VARIES 158	NEW ENGLAND CLAM CHOWDER CATCH OF THE DAY	410 327	ROSEMARY CITRUS CHICKEN ROASTED PEBBLE POTATOES	34 40
ASST. TOPPINGS	VARIES	MARINATED TOP SIRLOIN STEAK	410	ORZO PILAF	6
EGGS & OMELETS TO ORDER	VARIES	VEGETABLE RICE PILAF	220	ROASTED SQUASH	9
BOILED EGGS	78	MASHED YUKON POTATOES W/ GRAVY	100	SAUTEED ASPARAGUS	16
CHICKEN SAUSAGE LINKS	180	TOSCANA VEGETABLES	90	WHOLE WHEAT ROLLS	8
PORK SAUSAGE LINKS	180	STEAMED BROCCOLINI	70		
POTATOES O'BRIEN FRENCH TOAST W/ BUTTER & SYRUP	151 210	SHRIMP COCKTAIL	VARIES		
BREAKFAST BURRITOS	320				
FRESH FRUIT	VARIES	EGGS & OMELETS TO ORDER	VARIES	BLACKENED PORK CHOPS	34
HOT GRITS	142	TURKEY / PORK SAUSAGE LINKS	320/180	CREOLE JAMBALAYA	6
ASST. TOPPINGS EGGS & OMELETS TO ORDER	VARIES VARIES	BUTTERMILK PANCAKES W/ BUTTER & SYRUP PHILLY CHICKEN CHEESE STEAKS	210 360	MACARONI & CHEESE SAUTEED GREEN BEANS	9
BOILED EGGS	78	CALI BLEND VEGETABLES	110	FRIED OKRA	5
BACON / MAPLE PORK SAUSAGE LINKS	92/180	STEAK FRIES	230	FRENCH BREAD	8
HASH BROWNS	180	STEAMED PEAS & CARROTS	110		
BUTTERMILK PANCAKES	151				1
BUTTER & SYRUP	133				
FRESH FRUIT CREAM OF WHEAT	VARIES 110	EGGS & OMELETS TO ORDER TURKEY / PORK SAUSAGE LINKS	VARIES 320/180	MEAT LASAGNA VEGETARIAN LASAGNA	45
ASST. TOPPINGS	VARIES	WAFFLES W/ BUTTER & SYRUP	210	MOZZARELLA STICKS W/ MARINARA	29
EGGS & OMELETS TO ORDER	VARIES	FRIED CHICKEN SANDWICHES	360	ROASTED BROCCOLI	9
BOILED EGGS	78	SEASONED WAFFLE FRIES	230	ITALIAN BLEND VEGETABLES	20
TURKEY SAUSAGE LINKS	180	CORN ON THE COB	160	GARLIC BREAD	8
PORK SAUSAGE LINKS HOME FRIES	180 151				
WAFFLES W/ BUTTER & SYRUP	210				
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The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock of to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

| Approved By: | Approved By: |

CSC E. S. Sanchez CSCS N. E. Mogan Captain J. D. Bu
Dining Facility Supervisor Food Service Officer Commanding Off